

## PATIENT INSTRUCTIONS FOR MORE INFORMATION PLEASE VISIT: SDMI-LV.COM

No food 3 hours prior to exam. Drink 32 ounces of water 1 hour prior					UPPER GI SERIES (ESOPHAGRAM/SMALL BOWEL) Nothing to eat or drink after midnight or day of exam.			
to exam. Bring 16 ounces of water to the appointment. If you are ONLY having a CT Scan and no other studies you do NOT have to hold your water and may use the restroom. If you are having multiple studies done please refer to prep for other studies.					ULTRASOUND, ABDOMINAL Nothing to eat or drink after midnight. NO FOOD OR DRNK until after the exam is completed.			
CT SCAN WITH CONTRAST & CTA STUDIES  Nothing to eat or drink 3 hours before exam. Drink plenty of fluids the day before the exam. Patients with diabetes, history of kidney disease or over the age of 65, a creatinine level within the past 6 weeks is needed.					Eat a	ULTRASOUND, PELVIC/OBSTETRIC Eat a light meal. You must drink 48 ounces of water by the time you arrive for your exam. Begin drinking water 11/2 hours before your appointment time. Once water is consumed, do not empty bladder.		
CTA CORONARY  Nothing to eat or drink 3 hours before exam. No caffeine after 6pm day before exam. If taking prescription blood pressure medicine, take in the morning.					Eat a	ULTRASOUND, RENAL Eat a light meal. You must drink 30 ounces of water by the time you arrive for your exam. Begin drinking water 11/2 hours before your appointment time. Once water is consumed, do not empty bladder.		
CT UROGRAM  Nothing to eat or drink 3 hours before exam. Bring 24oz of water to appointment. Upon arrival, drink all water and do not empty your bladder until the exam is completed. A full bladder is necessary for this exam.					Conta quest proce time	SPECIAL PROCEDURES Contact Special Procedures department at 702.732.6020 for questions. NO blood thinners or aspirin products 5 days prior to any procedure. Additional prep unique to each exam will be given at the time of scheduling. Required lab/blood work:		
COLON STUDIES (BE) Patient should pick up prep kit from pharmacy 2 days prior to the exam. Liquid diet 24 hours prior to the exam. Nothing to eat or drink after midnight or day of exam.						CBC (Platelets), PT/INR & PTT (within 30 days) Breast Biopsies (only if have been on blood thinners) CT Guided Biopsies IVC Filter		
DEXASCAN No calcium tablets or vitamins 24 hours prior to exam. No zippers, snaps or metal on clothing.					Ports  Retroperitoneal/Abdominal  Percutaneous Drain  Soine			
MAMMOGRAPHY  No powder, perfumes or deodorants on underarms or breast areas. PLEASE BRING ALL PREVIOUS MAMMOGRAM IMAGES, IF DONE ELSEWHERE, CD is preferable.					CBC (Platelets), PT/INR, PTT, BUN & CREATININE (within 30 days) Angiography Tube Insertion			
If you have any type of surgical device/metal, please inform scheduler before scheduling exam. Please check manufacturer guidelines for MRI compatibility if you have not had it checked before. Also please bring in any type of documentation such as make/model of device on day of exam. Remove all metal jewelry before exam. You will be asked to change into a gown, if you are unable to change do not wear any clothing made from copper or silver infused material (le: moisture/sweat wicking).					NO LABS REQUIRED Breast Biopsies Central Line Check Pain Mgmt Sacrolliac Joint Nephrostogram Venogram Wrist Arthrogram GENERAL INSTRUCTIONS Please be sure to bring this form, your health insurance card and			
MRI WITH CONTRAST Hydrate with water before exam.					picture ID as well as any x-ray studies pertaining to your scheduled exam.			
MRI, ABDOMEN AND PELVIS Nothing to eat 3 hours before the exam, water is ok.					Co-pay, deductible, co-insurance are due at the time of service.			
MRI, HEAD/BRAIN No make-up, hair spray or mousse on day of exam.					Please do not bring unattended children under the age of 8.  Please remember to leave your jewelry at home as it may interfere			
NUCLEAR MEDICINE Please call, 702.515.8425, 24 hours prior to exam to confirm dose and receive prep instructions. Dosage is ordered based on patient specific criteria, if you do not confirm 24 hours prior to exam your wait time may increase.					with the exam process and quality of the imaging.  Female Patients: Depending on your exam you may be required to sign stating you are not pregnant and do not suspect pregnancy. If you do suspect there is a possibility of pregnancy or your last			
PET/CT Nothing to eat or drink 4 hours before the exam, water and medications are ok. No exercise 24 hours prior to exam.					can n	menstrual period was more than 4 weeks prior to your exam you can not be scanned without negative pregnancy blood test results, please bring these results with you.		
Maryland Pkwy 2950 S Maryland Pkwy Las Vegas, NV 89109		Henderson 4 Sunset Way, Bldg D Las Vegas, NV 89014		Southwest 9070 W Post Road Las Vegas, NV 89148		800 Shadow Lane 1650 W Craig R Las Vegas, NV 89106 N Las Vegas, NV	d / 89032	
Northwest 2767 North Tenaya Way Las Vegas, NV 89128		Anthem 2850 Siena Heights Henderson, NV 89052		Centennial Hills 6925 N Durango Dr Las Vegas, NV 89149		Galleria Blue Diamono 800 N Gibson #110 8945 Lindell Rd Henderson, NV 89011 Las Vegas, NV 8		